

Dear Members of Chapter 256,

I do hope you are all doing well in this terrible period of uncertainty and difficulty. Your Board of Trustees is concerned that if we lose touch with you, we lose all the good that you have done over the many years of your Federal service. We want you to know how much you are appreciated and hope that you stay safe and strong. We want you back with us just as soon as it is safely possible. I wondered the other day that if the Elks Club that hosts our Chapter meetings called and said “we’re on!” what we would say and do. I still wonder that. It is not time to let down our guard. We still have resurgence of the COVID virus and we have no vaccine. Believe it or not, one survey showed that 50% of the Americans surveyed said that they would not take the vaccine when it was available. I would guess that there is no Chapter member, having lived as long as we have, and been through so many epidemics and our childhood illnesses would refuse to take the vaccine. I hope I am right. We need to “open” only with the assurance that it does not put us at risk whenever that comes.

All that said, there was one piece of interesting news—more than interesting--on a new discovery for Alzheimer’s mitigation or cure this morning. Please read the PDF and enjoy the hope that I have that the merger of neuroscience and physics brought. Neuroscientists could use brain waves to spur immune cells into action against the disease with LEDs flashing at a very rapid rate. Wow. Gives me hope before I forget what it was for!

So, stay safe and be reflective. Our Board is so proud of all of you.

Henry Shands